



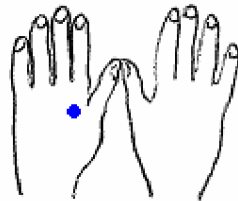
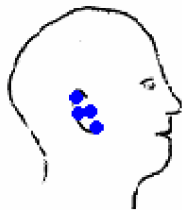
Acupuncture for Smoking Cessation

How does it work?

Acupuncture for the treatment of smoking cessation utilizes the insertion of fine needles to balance the body's flow of energy; based on the concept that an addiction is caused by a deficit in one type of energy replaced or fueled by an excess of the opposing energy.

By inserting the needles into specific points (see below) along the body's nerve pathways, the balance of this energy is restored, withdrawal symptoms are reduced and the body's physiological need or "craving" for the nicotine is greatly, if not entirely, decreased.

It's important to keep in mind that, though, acupuncture will control the physical aspect of smoking cessation, the individual must control the habitual behavior associated with smoking (i.e. smoking while drinking, holding onto something, etc.).



Acupuncture Points for Smoking Cessation

How much does it cost?

The first treatment is \$60. Every treatment thereafter is \$50.

How many sessions does it take?

The number of sessions varies according to the individual and can depend on a variety of factors (how long you've been smoking, how often you smoke, level of commitment to quitting). The average person requires 3-5 visits.

Lincoln Park Clinic
(P) 773-529-5670
2654 N. Lincoln Ave

Loop Clinic
(P) 312-236-9355
29 S. LaSalle

www.sportsinjurycenters.com